

Community playgroups

Early Childhood Family Resource Centre of Westmorland-Albert Inc.

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Financial contribution from



May 2019

<u>Riverview</u> <i>Monday</i> 9:30-11:30 am St Paul's United Church 404 Cleveland Street	<u>Point du Chêne</u> <i>Tuesday</i> 9:30-11:30 am Pointe du Chêne Community Centre 145 Pointe du Chêne Road	<u>Salisbury</u> <i>Tuesday</i> 9:30-11:30 am Salisbury Baptist Church 3128 Main Street	<u>Petitcodiac</u> <i>Wednesday</i> 9:30-11:30 am Petitcodiac Baptist Church 121 Renfrew Street	<u>Memramcook</u> <i>Thursday</i> 9:30-11:30 am Salle Mère Marie Léonie 580 Central Street
			1 Cancelled for 2019 Provincial Wellness Conference	2 Cancelled for 2019 Provincial Wellness Conference
6 Playgroup: 9:30-11:30 am Active families: 10:30-11:30 am Theme: Mother's Day	7 Playgroup: 9:30-11:30 am Active families: 10:30-11:30 am Theme: Mother's Day	7 Playgroup: 9:30-11:30 am Active families: 10:30-11:30 am Theme: Mother's Day	8 Playgroup: 9:30-11:30 am Active families: 10:30-11:30 am Theme: Mother's Day	9 Playgroup: 9:30-11:30 am Active families: 10:30-11:30 am Theme: Mother's Day
13 Playgroup: 9:30-11:30 am Theme: Family mental health	14 Playgroup: 9:30-11:30 am Theme: Family mental health	14 Playgroup: 9:30-11:30 am Theme: Family mental health	15 Playgroup: 9:30-11:30 am Theme: Family mental health	16 Playgroup: 9:30-11:30 am Visit to « Domaine de la Vallée »
20 Victoria Day Closed 	21 Playgroup: 9:30-11:30 am Musical Morning: 10:30-11:30 am Theme: Farm animals	21 Playgroup: 9:30-11:30 am Musical Morning: 10:30-11:30 am Theme: Farm animals	22 Playgroup: 9:30-11:30 am Musical Morning: 10:30-11:30 am Theme: Farm animals	23 Playgroup: 9:30-11:30 am Visit to « La Ferme à Margot »
27 Playgroup: 9:30-11:30 am Theme: Butterflies 	28 Playgroup: 9:30-11:30 am Theme: Butterflies 	29 Playgroup: 9:30-11:30 am Theme: Butterflies 	29 Playgroup: 9:30-11:30 am Theme: Butterflies 	30 Playgroup: 9:30-11:30 am Theme: Butterflies

“Community playgroups help decrease the sense of isolation so common for parents and those caring for young children at home”

This program is **FREE** for families with children 0-6yrs, each week has a different theme! Lots of fun...

Activities include: Free play - Story time - Craft and a snack time (please bring healthy snacks, no nut products)



May is mental Health Month.

“Get ready to get loud”

For more information visit: <https://mentalhealthweek.ca/>
or call (506) 859-8114

