



Happy Easter!

Community playgroups

Early Childhood Family Resource Centre of Westmorland-Albert Inc.

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Public Health Agency of Canada / Agence de la santé publique du Canada

April 2019 Autism Awareness Month!



<u>Riverview</u> <u>Monday</u> 9:30-11:30 am St Paul's United Church 404 Cleveland Street	<u>Point du Chêne</u> <u>Tuesday</u> 9:30-11:30 am Pointe du Chêne Community Centre 145 Pointe du Chêne Road	<u>Salisbury</u> <u>Tuesday</u> 9:30-11:30 am Salisbury Baptist Church 3128 Main Street	<u>Petitcodiac</u> <u>Wednesday</u> 9:30-11:30 am Petitcodiac Baptist Church 121 Renfrew Street	<u>Memramcook</u> <u>Thursday</u> 9:30-11:30 am Salle Mère Marie Léonie 580 Central Street
 1 Playgroup: 9:30-10:30 am Active families: 10:30-11:30 am Theme: Physical activity	 2 Playgroup: 9:30-10:30 am Active families: 10:30-11:30 am Theme: Physical activity	 2 Playgroup: 9:30-10:30 am Active families: 10:30-11:30 am Theme: Physical activity	 3 Playgroup: 9:30-10:30 am Active families: 10:30-11:30 am Theme: Physical activity	 4 Playgroup: 9:30-10:30 am Active families: 10:30-11:30 am Theme: Physical activity
 8 Playgroup: 9:30-11:30 am Theme: Oral health	 9 Playgroup: 9:30-11:30 am Theme: Oral health	 9 Playgroup: 9:30-11:30 am Theme: Oral health	 10 Playgroup: 9:30-11:30 am Theme: Oral health	 11 Playgroup: 9:30-11:30 am Theme: Oral health
 15 Easter Potluck 9:30-11:30 am Please register	 16 Easter Potluck 9:30-11:30 am Please register	 16 Easter Potluck 9:30-11:30 am Please register	 17 Easter Potluck 9:30-11:30 am Please register	 18 Easter Potluck 9:30-11:30 am Please register
Easter Monday! Closed  22	 23 Playgroup: 9:30-11:30 am Theme: Earth week	 23 Playgroup: 9:30-11:30 am Theme: Earth week	 24 Playgroup: 9:30-11:30 am Theme: Earth week	 25 Playgroup: 9:30-11:30 am Theme: Earth week
29 Playgroup: 9:30-11:30 am Theme: Inclusion	30 Playgroup: 9:30-11:30 am Theme: Inclusion	 http://www.dentalhygienecanada.ca/ (Check this website for fun activities) This year's theme: "Oral Health for Total Health"		

"Community playgroups help decrease the sense of isolation so common for parents and those caring for young children at home"

This program is FREE for families with children 0-6yrs, each week has a different theme! Lots of fun...

Activities include: Free play -Story time- Craft and a snack time (please bring healthy snacks, no nut products)



On April 2, everyone is encouraged to wear blue to "Light It Up Blue" and show their support for those with autism. Thousands of homes around the world turn their lights blue on this day. On this day, the Autism Society reminds us of their nationwide effort to promote autism awareness, inclusion and self-determination for all. They strive to make sure everyone with autism is given the opportunity to achieve the best quality of life possible.

For more information on services offered in NB visit: <https://www.aisfredericton.ca> or <https://www.facebook.com/autismnb>